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Service Above Self

One Profits Most Who Serves Best

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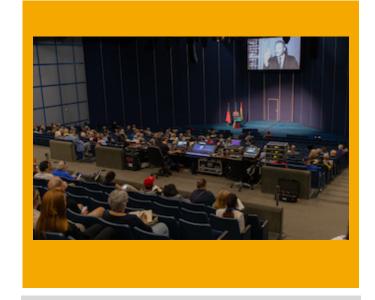
7 June — Speaker Meeting



Birthdays of the month: June

26 — Jingfu

4-8 June — 2022 R.I. Convention



Other Events

07.06 — Weekly Meeting @Zoom link 7:30 - 8:30 pm 14.06 — Weekly Meeting @Zoom link 7:00 - 8:30 pm

21.06 — Weekly Meeting @Zoom link 7:00 - 8:30 pm

The Four-Way Test 四大考验

Of the things we think, say, or do: 我们说的做的要符合:

- 1. Is it the truth? 是真的吗?
- 2. Is it fair to all concerned 是公平的吗?
- Will it build goodwill and better friendships? 是善意并促进友谊吗?
- 4. Will it be beneficial to all concerned? 是对大家有利吗?

Officers & Directors

Rita Malvone – President
Naomy Peña – Vice President
David Smith – Secretary
Christoph Wenner – Treasurer
David Smith – President Elect
Tracy Hua – Immediate Past President
Alexander Hartmann
Carlotta Godio
Christian Kober
Terry Chu

Committees & Chairs

Membership Committee: Terri Lau
Fellowship Committee: Tracy Hua
Service Projects Committee: Alex
Hartmann
Youth Service Committee: Naomy Peña
Rotary Foundation: Tiziana Richiardi
Gift of Life (GOL): Terri Lau
Sister Clubs: Motohiro Yamane
Pagoda: Carlotta Godio
Speaker Program: Christian Kober
Circle of Centennial Rotary Club: Terri Lau
Assitant Governor: Andrew Hill
Club Admin: Vivian Huang

Club Administration Chair: David Smith

Highlights from the last speaker meeting

Tuesday, May 24th, 2022

Event Attendance:

Members	09
Visiting Rotarians	07
Guests	23
Total Headcount	39

Happy Money: CNY0

Career Empowerment Program – Mentoring: See you in about two months!

The Rotary Club Shanghai Career Empowerment Program (RCS-CEP) was initiated by Elizabeth and Naomy at end of 2021 and supported by Alex Hartmann, Rita and Tilman. The aim is to connect the RCS members & Rotary Club guests with the teenagers and young adults of those organizations that the Rotary Club Shanghai supports (i. e. Shanghai Young Bakers and Shanghai Sunrise) while also empowering their career. This connection is supposed to be beneficial for both sides. While the young adults benefit from the experience and advice of the more senior Rotary Club members, the mentors in return will also learn a lot about the world. perspectives, and struggles of their mentees who stand at the beginning of their work life. For the mentors it often is a humbling experience that brings back memories about how lost and insecure they felt themselves at the beginning of their career. They understand how much they themselves would have benefited from such support by more experienced people with good intentions.



The first RCS-CEP Mentor-Mentee initiative took place in January 2022 with a Mentor-Mentee evening during a regular F2F Rotary meeting. This meant that for one hour about 20 Rotary Club members became Mentor in order to listen, ask questions, share their experience, and give advice to the students of Shanghai Young Bakers (Group A), Shanghai Sunrise Rotaract and Interact.

The feedback of both Mentors and Mentees was overwhelmingly positive. Due to the pandemic, the last RCS-CEP Mentoring evening in March 2022 was held online via Zoom and was also a big success.



Last Tuesday (31 May 2022) the Rotary Club Shanghai conducted its third CEP Mentor-Mentee evening over Zoom and invited the students of the Shanghai Young Bakers (this time Group B), Shanghai Sunrise and Rotaract to be connected with one of the Rotary Club Mentors. Since only few students spoke English well enough and the Rotary Club Shanghai does not have so many Chinese

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speaking members, our president Rita reached out to other clubs with a higher density of Chinese speaking Rotarians. The Rotary Club Shanghai West and the Rotary Club Hongqiao were happy to support this initiative. Several of their members volunteered and it was a great act of collaboration and joint efforts among the Shanghai based Rotarians. Also, some guests from previous Rotary Club Shanghai events who heard of this initiative volunteered to fill the Mandarin gap. Prior to the session, all mentors had the chance to watch a one hour recorded Zoom Training about Mentoring. The content of this Training session, provided by Executive Coach Tilman Rieger, is about how to best build rapport and bridge the generation gap with a much younger person, and how to ask great question following a conversation structure that ends in a concrete action. On 31 May, we then brought together 21 Mentors and 21 Mentees. Thanks to the interpretation service of Rotarian Terri Lau we were able to give a bi-lingual introduction of the Rotary Club Shanghai, the 4-way test, the Mission Statement of our club and a brief introduction and instructions. We then paired up the

before matched Mentors and Mentees in break-out rooms and gave them 40 min to talk, get to know each other and discuss a problem the Mentee was bringing up. Afterwards everyone returned back to the main zoom room for 20 min of Feedback sharing. Several Mentors spoke about their experience and expressed admiration for their Mentee. Also, some of the mentees were sharing how helpful this session was for them and that they left with great advice. Everyone was eager to be invited again for another round of Mentor-Mentee conversations next time in approximately 2 months.

*Written by Tilman Rieger, RCS Mentor, Executive Coach





Rotary IGNITE! The Flame Is Still Burning

"Most people fear public speaking more than death." This is an opening line I often use when teaching Presentation Skills to quickly assure my students that those who hate speaking in public are not alone. Here's another useful quote: "The best way to overcome fear is to face it head on."

With these quotes in mind, on May 24, I signed up for the latest installment of Shanghai Rotary's famous "Ignite Night" competition. Being a professor, I have long since lost my fear of public speaking. However, this event was a chance to push myself way out of my comfort zone by following the rigid Ignite guidelines.



Ignite events tend to put the fear factor back into any public speech because the rules are so tough to master. Rule 1: you have exactly 5 minutes to persuade your audience. Rule 2: You must show 20 slides – no more, no less. Rule 3: The slides change on their own, every 15 seconds. It's like driving a car with the steering wheel and accelerator controlled by Al!

I chose one of my favorite lecture topics: introducing the "Trust Triangle" (a wonderful tool developed by Harvard Professor Francis Frei) to test whether an argument will persuade an audience. Then, I tried to boil down a 30-minute lecture into just 5 minutes. It was tough and I definitely did not leave myself enough time to practice. Losing control of the slide pace was super challenging. I was literally

changing my slides 10 minutes before Ignite Night went live!

The Shanghai Rotary team (especially David and Rita) were super helpful, and the audience was wonderfully supportive of my first Ignite effort. I finished with a huge respect for masters of this challenging speech genre. The rest of the night was turned over to two accomplished Ignite veterans. First came Tilman Rieger (a German Executive Coach in Shanghai) who shared "A German-Chinese-Mongolian Love Story", describing how he and his Mongolian-Chinese wife Milan overcame language barriers, cultural differences, geographic distance in families and many other challenges during their first years together. Tilman's Ignite presentation told the story through beautiful photos - from Pre-Wedding pics (in Shanghai and Inner Mongolia, dressed with traditional Mongolian clothes on horses in the Inner Mongolian grasslands), to the traditional Mongolian wedding party in Inner Mongolia, and finally a traditional Protestant Wedding party in Germany. We also saw glimpses of the couple's honeymoon in Switzerland and Italy before witnessing the couple helping each other through the first Shanghai Lockdown in which his wife was recovering from a serious knee injury for three months. An inspiring tale of "love conquers all!"

Finally, Adam McWhirter delivered an engaging Ignite on the fascinating history and inspiring current mission of the Rotary Club of Chongqing. His delivery remained silky smooth even when weak internet connectivity meant that he could not even see his slides. A true Ignite champion!

Dr Laurie Underwood

*Sr Consultant at Sino Associates and Sr Honorary Lecturer at University of Aberdeen



7 June Speaker Meeting – Shanghai's Drinking Water

Speaker's bio: Oliver Wake

Oliver Wake is acting as Managing Director of **BWT Water Technology (Shanghai) Co., Ltd.** Pharma& Biotech, serving the pharmaceutical, Biotech and to some extent the cosmetic industry with state-of-the-art generation, storage and distribution systems for critical utilities (Purified Water, Water for Injection& Pure Steam).



Oliver, holding a Bachelor degree in Mechanical Engineering, has been working with BWT for the last

26 years, out of which 15 years in China, where he has set up BWT's operation as leading supplier in the field – a position that BWT also holds globally.



Before settling in China Oliver worked on several projects across Europe and Asia for communal drinking and waste water plants, and acted five years as Managing Director of Hinke, a company designing and manufacturing pressure vessels for water treatment and the F&B industry.

